

4. Health History

What treatment have you already received for your condition? ~Medications ~Surgery ~Physical Therapy
~Chiropractic Services ~None ~Other: _____

Name and address of other doctor(s) who have treated you for your condition: _____

Date of Last: Physical Exam _____ Spinal X-Ray _____ Blood Test _____
Spinal Exam _____ Chest X-Ray _____ Urine Test _____
Dental X-Ray _____ MRI, CT-Scan, Bone Scan _____

Check only those conditions which are applicable:

- AIDS/HIV
- Alcoholism
- Allergy Shots
- Anemia
- Anorexia
- Appendicitis
- Arthritis
- Asthma
- Bleeding Disorders
- Breast Lump
- Bronchitis
- Bulimia
- Cancer
- Cataracts
- Chemical Dependency
- Chicken Pox
- Depression
- Diabetes
- Emphysema
- Epilepsy
- Fractures
- Glaucoma
- Goiter
- Gonorrhea
- Gout
- Heart Disease
- Hepatitis
- Hernia
- Herniated Disc
- Herpes
- High Cholesterol
- Kidney Disease
- Liver Disease
- Measles
- Migraine
- Headaches
- Miscarriage
- Mononucleosis
- Multiple Sclerosis
- Mumps
- Osteoporosis
- Pacemaker
- Parkinson's Disease
- Pinches Nerve
- Pneumonia
- Polio
- Prostate Problems
- Prosthesis
- Psychiatric Care
- Rheumatoid Arthritis
- Rheumatic Fever
- Scarlet Fever
- Stroke
- Suicide Attempt
- Thyroid Problems
- Tonsillitis
- Tuberculosis
- Tumors, Growths
- Typhoid Fever
- Ulcers
- Vaginal Infections
- Venereal Disease
- Whooping Cough
- Other _____

Dates of last exams: _____

Are you pregnant? YES/NO Nursing: YES/NO Taking birth control pills? YES/NO

List any types of surgeries which you have had, and the dates which they occurred: _____

Do you have any allergies? _____

5. Daily Habits

What type of exercise do you perform on a daily basis? _____

What do your daily work habits include? (ex. sitting, standing, light labor, heavy labor, computer work) _____

Do you smoke? YES/NO How much per day? _____

How much liquor do you consume on a weekly basis? _____

How much coffee or caffeinated beverages do you consume on a daily basis? _____

6. Medications

What vitamins do you currently take? _____

What kind of other nutritional supplement do you take (if any)? _____

Please list all prescribed and non-prescribed medications you are currently taking: _____

Patient's Name: _____

Signature: _____ Date: _____

Family Chiropractic Center

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Phone 360-336-6547 ~ Fax 360-336-1503
 David M. Lawson, DC ~ John G Holden, DC

Name: _____

Date: _____

Today's Major Complaint: Pain Scale of 0-10, 0=No Pain, 10=Extreme Pain **PLEASE CIRCLE ONE**

• Neck Pain	0	1	2	3	4	5	6	7	8	9	10
• Shoulder Pain	0	1	2	3	4	5	6	7	8	9	10
• Arm Pain	0	1	2	3	4	5	6	7	8	9	10
• Mid Back Pain	0	1	2	3	4	5	6	7	8	9	10
• Low Back Pain	0	1	2	3	4	5	6	7	8	9	10
• Hip Pain	0	1	2	3	4	5	6	7	8	9	10
• Leg Pain	0	1	2	3	4	5	6	7	8	9	10
• Other: _____	0	1	2	3	4	5	6	7	8	9	10

My condition affects my participation in the following activities: **CIRCLE THOSE THAT APPLY**

• Sleeping	N/A	Minimal	Mild	Moderate	Severe
• Sitting	N/A	Minimal	Mild	Moderate	Severe
• Walking	N/A	Minimal	Mild	Moderate	Severe
• Standing	N/A	Minimal	Mild	Moderate	Severe
• Lifting	N/A	Minimal	Mild	Moderate	Severe
• Household Chores	N/A	Minimal	Mild	Moderate	Severe
• Routine Personal Care	N/A	Minimal	Mild	Moderate	Severe
• Driving	N/A	Minimal	Mild	Moderate	Severe
• Concentration	N/A	Minimal	Mild	Moderate	Severe
• Work	N/A	Minimal	Mild	Moderate	Severe
• Reading	N/A	Minimal	Mild	Moderate	Severe
• Headaches	N/A	Minimal	Mild	Moderate	Severe
• Recreation	N/A	Minimal	Mild	Moderate	Severe
• Other: _____	N/A	Minimal	Mild	Moderate	Severe

Changing Degree of Pain

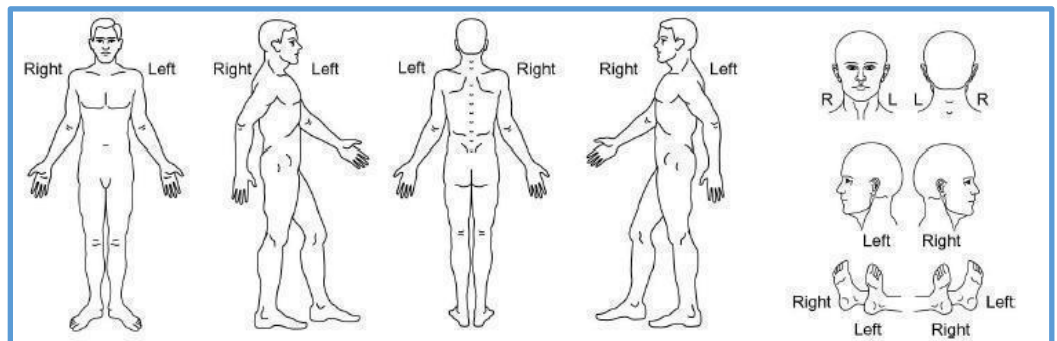
- My pain is rapidly getting better
- My pain fluctuates but overall is getting better
- My pain seems to be getting better, but improvement is slow at the present
 - My pain is neither getting better nor worse
 - My pain is gradually worsening
 - My pain is rapidly worsening

How long have you had pain? _____

Is this your first episode of pain? Y / N

Use the letters below to indicate the type and location of your sensations on the diagram to the right.

- A ~ Ache
- P ~ Pins and Needles
- B ~ Burning
- S ~ Stabbing
- N ~ Numbness



Signature: _____

Date: _____